

Continental Caterers

918 Industrial Avenue, Palo Alto, CA 94303 Ph: (650) 322-4189 Fx: (650) 322-1023

BUFFET SALADS

Asparagus, Baby Corn, and Ham Salad

Asparagus Spears
in a lemon garlic marinade

Asparagus Spears
on a bed of fresh spinach
drizzled with a raspberry vinaigrette

Jicama, Orange, and Pecan Salad
with a cumin dressing

Leek and Endive Salad
with a salsa vinaigrette

Shrimp and Crab Leg Salad
with sliced kiwi fruit

Shrimp Curry Salad
with orzo, fresh mango, and mint
served with a mango chutney dressing

Shrimp and Scallop Salad
with snow peas

Shrimp Louie

Marinated Red and Green Pepper Salad
italian style

Goat Cheese, Almond, and Walnut Salad

Goat Cheese, Papaya and Watercress Salad

Butter Lettuce Salad
with goat cheese, poached pear, and cashew nut

Marinated Cauliflower
with red peppers, parsley, scallions, and tomatoes

Radicchio Leaf
filled with buckwheat noodle,
julienne vegetable and pine nut salad

Scallop and Shrimp Salad
with fresh ginger vinaigrette

Scallop and Raspberry Salad
served warm,
tossed in a light mustard vinaigrette

Scallop Mousse

Almond New Potato Salad

Potato Salad
with caviar cream dressing

Potato Salad
with fresh corn and peppers

Traditional Potato Salad

Potato Salad
curried with green onions

Ambrosia
with pineapple, grapes,
marshmallows and coconut

Broccoli and Tomato Salad
with black olives

Broccoli Stem and Swiss Cheese
with a caraway dressing

Chicken Salad
mixed with

- green chilies
- mandarin oranges
- water chestnuts, and chilled pineapple, served in pineapple halves
- pale green fruit, blanched almonds, and fresh dill
- crunchy nuts and mango
- noodle salad with spinach, shredded chicken and a light vinaigrette
- chinese curry fish salad with long beans
- pineapple kiwi and lichee nuts
- chicken mein, with chinese noodles, baby corn, and other goodies
- shredded lettuce and chinese noodles
- curried salad with peanuts, currants, and coconut
- cajun chicken salad

Endive, Bacon and Pecan Salad

Endive, Orange, and Walnut Salad
with a yogurt lemon dressing

Orange, Radish and Scallion Salad

Orange, Bermuda Onion Salad

Orange, Crab Leg, Asparagus Salad
with poppy seed dressing

Red Pepper and Onion Salad
Roasted Whole Peppers
with a garlic garnish

Couscous Salad
mixed with

- currants, pine nuts, celery and tomatoes
- red peppers, walnuts, and fresh basil
- curried with chicken and zucchini

Curried Orzo Salad
with minced scallions, red and yellow peppers, currants and toasted pine nuts

Duck Salad
smoked duck with avocado, orange slices and watercress, tossed with ginger, and garlic vinaigrette

Duck and Papaya Salad

Duck and Pear Salad
with mango chutney dressing

Duck and Orange Mélange

Duck, Asparagus and Belgian Endive
with red pepper sauce

Eggplant, Walnut and Pepper Salad
with tomato pesto

**Eggplant, Prosciutto,
and Sun Dried Tomatoes**
with mozzarella on a bed of watercress

Eggplant Ratatouille
with peppers, onions, garlic and spices

Marinated Cucumbers

tossed in a adriatic vinaigrette

Cucumbers in Sour Cream and Dill

Curried Mushrooms Radish and Endive

Linguine, Vegetable Salad

with a parmesan and cream dressing

Traditional Macaroni Salad

Pasta Salad

mixed with

- artichoke hearts, shrimp, green onion, and feta cheese
- tomatoes, peppers and shrimp
- sun dried tomatoes, walnuts, feta cheese, with an orange, walnut sauce
- pesto and a basil dressing

Salad Nicoise

with tuna, anchovies, potatoes and fresh vegetables with an herb vinaigrette

Mushroom, Celery, and Sesame Salad

Marinated Mushrooms

with a house vinaigrette and fresh herbs

Mushroom Salad

with pine nuts, italian herbs, and a tomato and pesto dressing

Marinated Cauliflower, Baby Corn, Carrots, and Broccoli Salad

Curried Rice Salad

with tri-colored peppers, tomatoes, olives and raisins

Greek Salad

quartered artichoke hearts, english cucumbers, roma tomatoes, kalamata olives, and feta cheese tossed in an adriatic vinaigrette

Greek Bulgur Salad

with feta tomatoes, cucumbers, scallions and onions

Fennel Salad

with red onion, sun dried tomatoes, and a creamy mustard dressing

Beef with Asparagus and Broccoli

Beef and Artichoke Salad

Marinated Artichoke and Mushrooms

with fresh herbs and spices

Marinated Artichokes

with olives, tomatoes and feta cheese

Artichoke and Rice Medley

Chevre Salad

with sun dried tomatoes, fresh rosemary, and a dijon dressing

Brown Rice and Lentil Salad

Stuffed Bell Peppers

with white beans and tomato

Marinated Bell Pepper

red, green and yellow bell pepper with lemon oil and italian spices

Carrot Salad

with daikon and napa cabbage

California Spring Mix

with bacon, roquefort and roasted pecans

Heirloom Tomatoes

served on a bed of spinach
drizzled with a balsamic vinaigrette

Romaine and Grapefruit Salad

with toasted pine nuts

Salmon Pecan Salad

served with goat cheese

Snow Pea Salad

with sesame seeds

String Bean Salad

Hearts of Palm Salad

with coriander, capers, and sweet onion

Honeydew and Raspberries

with a honey lime dressing

Green Bean Salad

with a ginger mustard dressing

Green Bean Salad

with mushrooms,
and bleu cheese crumbles

Dilled Coleslaw Salad

Coleslaw and Shrimp Salad

Coleslaw Salad

with carrots, peppers and cabbage
tossed with a poppy seed dressing

Japanese Summer Salad

asian noodles tossed with prawns,
mushrooms and a ginger dressing

Marinated Artichoke and Mushrooms

with fresh herbs and spices

Waldorf Salad

celery, walnut, and apple salad

Chicken and Avocado Salad

with a bacon dressing

Crab Salad

with endive and kiwi